

Youth Classes

- Y**  **NEW!! Tennis Lessons at Lake Santee: Ages 5-11** Enjoy new scenery and improve skills, footwork and accuracy! Lessons focus on development of both fundamental and athletic aspects of tennis.
Meets: Ages 5-7, Saturdays 9:30-10:15 am Fees: \$25 YM \$45 PM
Ages 8-11, Saturdays 10:15-11:00 am
- Y**  **Semi-Private Pitching Lessons: Ages 8-18.** Baseball pitching instruction through a variety of pitching drills. Taught by former college baseball player and coach. These lessons can be flexible for your schedule and will have a 2-person limit for each 30-minute lesson. The following fees are based on 6 lessons and can be done throughout the summer.
Fees: \$40 YM \$80 PM
- Y**  **Session 4 Little Aces: Ages 3-5** Now your child can learn the lifelong game of tennis using a foam ball. The foam ball moves slower, bounces lower and travels less distance to help learning, focusing on grip, footwork and fun.
Meets: Tuesday 5:15 –6:00 pm Fees: \$30 YM \$50 PM
- Y**  **Session 4 Little Runners: Ages 3-5** Children can learn how to hurdle, run, throw, and jump in this track and field based class.
Meets: Wednesday 5:15 –6:00 pm Fees: \$30 YM \$50 PM
- Y**  **Session 5 Little Kickers: Ages 3-5** Little Kickers is a soccer based class that will help teach basics like dribbling, passing and shooting.
Meets: Wednesday 5:15 –6:00 pm Fees: \$30 YM \$50 PM
- Y**  **Session 5 Little Tacklers: Ages 3-5** Learn how to run, throw and catch footballs like the big kids in this safe flag football instructional class.
Meets: Saturday 11:15 am –12:00 pm Fees: \$30 YM \$50 PM
- Y**  **Jujitsu: Ages 6 and up** Jujitsu is a form of martial arts that develops coordination, balance, strength, memory, discipline and confidence, as well as the YMCA's core values.
Meets: Mondays and Wednesdays 6:00-7:00 pm Fees: \$55 YM \$80 PM
- Y**  **Tumbling Tots: Ages 3-5** Teaching the children the basic skills of tumbling, balance, flexibility and coordination.
Meets: Saturday 11:15 am –12:00 pm Fees: \$30 YM \$50 PM
Intermediate Tumbling: Ages 6-9 For cheerleaders-teaches cartwheels, round offs, back walkovers and back handsprings.
Meets: Saturday 12:15—1:00 Fees \$30 YM \$50 PM