

Invest in Youth Scholarship Program Ride for our Kids

At the YMCA, one of our most important goals has always been to enrich the lives of the kids in our community. But when some are left out, it leaves us all a bit poorer. As a person with vested interest in the future of our community, you can help these kids grow into responsible, successful adults. YMCA activities help children develop valuable skills, gain confidence and build self-esteem. By contributing to the **YMCA Invest in Youth Campaign**, you can help us teach these young people important values such as caring, honesty, responsibility and respect.

Last year the Decatur County Family YMCA provided more than \$56,000.00 in financial assistance to those in need as a direct result of the many giving hearts throughout our community. Our goal this year is to raise \$54,600.00 and to extend our reach to many other children in need of our services.

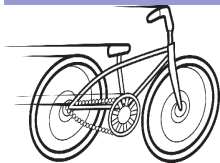
We live in an age where many households are headed by single parents or a home where both parents need to work full time. Many struggle to make a life for their families. They seek solutions to real-life issues. It becomes the responsibility of everyone in the community to help our working families instill the values of caring, honesty, respect, and responsibility in every youth. At the YMCA, we can work together to engage our youth in meaningful programs, and create opportunities through meaningful personal relationships that enhance individual development.

We can help to build in youth the strong character needed to make positive decisions about the direction they choose in life. The mission-driven programs of the YMCA do just that. A lasting gift to a child is that of a community with a listening ear and a caring heart.

Exercise your love in your heart by registering and participating in this ride. Your gift will support the mission of the YMCA and will serve the children who need us most.



DONATE HERE



Mark Your Calendars



Activate America is the YMCA's response to the nation's growing health crisis. The YMCA is redefining itself and engaging communities across the country to provide better opportunities for people of all ages in their pursuit of health and well-being in spirit, mind, and body. **The Decatur County Family YMCA is proud to host Decatur County on the Move Week, September 25-October 1.** Join us September 25th, starting at 10 am, as we kick-off the week, providing FREE Pedometers with registration. A Health Fair offering health screenings, including cholesterol and glucose, just to name a few, will continue until 1:00 pm. More information to be posted throughout the YMCA, on our web-site and your local newspaper!

"Losing to Win" Team Challenge September 13 –November 8

Weight loss program includes weekly weigh ins, trainers that push you, weekly challenges, weekly boot camp classes, and nutrition / wellness classes. Participants also have a chance each week to win a prize, along with the chance for the CASH or Membership 1st, 2nd or 3rd place prize at the finish.

(Think about who can be your buddy now, or you may register individually).

Call 663-YMCA for more details

Fees: \$20 YMCA Member
\$80 Program Members

Tree City Run Join us November 20th for the 33rd annual Tree City Run! This event will include a 10K run, 5K run, and 5K walk. The 10K run will begin at 10:00 am with the other events to follow. Race highlights include: long-sleeved color t-shirts, post-race refreshments, and a flat, fast course with plenty of course support.

Fees: \$20 if registered by November 17
\$25 Race-Day Registration
(Shirts cannot be guaranteed on race day)

Decatur County Family YMCA

BIKE FOR YOUTH

Non-competitive Bike Ride
to raise money for your kids

Saturday August 28, 2010

9:00 am

31 Just for Fun - Ride

9:10 am

Mean 13 Mile Ride

9:15 am

3 Mile Family Fun Ride



The Ride



**Saturday
August 28, 2010**

**Day of registration: 8:30 am
First ride begins at:**

9:00 am 31 Just for Fun - Mile Ride
NE80 E. to 200N- cont. E to 850E - N on 850E to 400N, E on 400N—to Lake Santee, around the lake clockwise, back 400N E to NE80 and return to school.

9:10 am Mean 13 Mile Ride
N. on NE80 to 600 E.- S on 600 E. to Base Rd - back to NE 80

9:15 am 3 Mile Family Fun Ride
In town close by school

Highlights

- **Start & finish at back of Greensburg Elementary School**
- **Commemorative water bottle with registration** (pre-registered may pick up early at desk)
- **Water, snacks, tables, and restrooms are available at start & finish**
- **Hills and flat course**
- **Volunteers along the route**
- **A way to give back to kids and families in need and have fun and get healthy too!**

**Thank you
Health Centered
Spine & Wellness**

For post water and snacks

Ride Entry Fees

\$10 Early Registration by 8/25/10

\$15 Registration after 8/25/10

\$3 infant - 2 yrs

\$5 Students (preschool - 12th)

*Student: Children in grades Preschool-12
(must accompany a parent or guardian)
(water bottles are not guaranteed for day of registration)

Safety First

**Bicycle Helmets Required
Know and Obey Indiana Traffic Laws
Respect other Riders
Have Fun!!!**

Location

**Start & finish:
Greensburg Elementary School
900 N. Big Blue Ave**

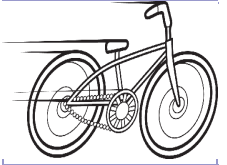
- ⇒ **If entering off of Big Blue Ave. onto Lehman Way, turn left at the totem pole toward back of school. If entering from NE80, take Lehman Way to back of school.**
- ⇒ **Map of ride is located on our web-site www.decatourcountymca.org**



MISSION STATEMENT:

"To put Christian principles into practice through programs that build *healthy spirit, mind and body for all.*"

REGISTER HERE



**Return this
Entry Form
to the YMCA**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____

Email: _____

DOB: _____ Age: _____ M / F

Please make payment to:

Decatur County Family YMCA
1301 Kathy's Way
Greensburg, IN 47240
Phone: 812-663-9622
Fax: 812-662-7280

If any questions, please contact Deena Hamer
deenah@dcfymca.org

*Register online at www.decatourcountymca.org

Waiver

In consideration of the acceptance of my registration for the Bike for Youth, and realizing the risks involved, I hereby waive, and release any and all rights and claims for damages I have against the sponsors, volunteers and the Decatur County Family YMCA for any injury that I may suffer during my participation in the Bike for Youth Fundraiser scheduled to be held on August 28, 2010. I attest that I am physically fit and have trained for this event, and that I am entering this event of my own free will.

Signature _____