

Basic Information

Each Class:

- Has a qualified and trained YSL instructor
- Is for children and adults of all ages and skill levels
- Is 30 minutes long
- Is held at the YMCA POOL

Each Session:

- Promotes stroke development, personal safety, and rescue skills
- Is customized to fit your special needs and requests

Be Sure To:

- Bring towels
- Shower before entering our pool to help keep it clean
- Bring your ENTHUSIASM to learn!!

Cancellation Policy:

- Please inform your instructor of missed sessions at least 48 hours in advance. Failure to do so will result in the lesson being billed to your package.



Y SWIM LESSONSTM
We build strong kids, strong families, strong communities.

**Private/Semi-Private/SWD
Swim Lessons**



C A R I N G
Y M C A
Character
Development
R E S P E C T
H O N E S T Y
R E S P O N S I B I L I T Y

**Decatur County
Family YMCA**

TO REGISTER FOR CLASSES:

www.decatourcountyfamilymca.org

OR See the FRONT DESK

1301 Kathy's Way
Greensburg, IN 47240
812.663.9622

www.decatourcountyfamilymca.org

YMCA Private/Semi-Private/Special Needs Swim Lessons

YMCA Swimming Philosophy

Learning to swim at any age can significantly reduce the occurrence of water accidents such as drowning as well as promoting self-confidence.

There is a reason why the YMCA is referred to as **America's Favorite Swim Instructor**. In YMCA Private Swim Lessons, not only are you taught how to swim, but you also learn about yourself, safety, rescue skills, and about various water activities that can be enjoyed an entire lifetime.

The YMCA provides a comprehensive swim package. Private lessons are a great way to boost your self esteem or help make strides in a more intimate setting. They can be a great way to work on troublesome skills or can be utilized and tailored to fit each individual's needs.

Classes can be arranged to accommodate your schedule. Private sessions are also great for new to water swimmers, swimmers that are afraid of the water, and special needs swimmers. They can also be great for competitive swimmers looking to gain a little extra in the off-season.

The YMCA wants you to progress and mature at your own pace. **Swimming is a lifelong pleasure that takes time, patience, and practice to develop.**

Skills Taught

Personal Safety-

These activities help increase awareness of personal safety issues regarding the water for children, adults, and families.

Personal Growth-

Swimmers will utilize activities that help them grow in spirit, mind, and body. This important to build confidence in the water.

Stroke Development-

This is the "meat and bones" of YMCA swim lessons. Students will learn the "correct" swim pattern to encourage optimal growth. This can be modified for any skill level.

Aquatic Games-

The YMCA helps cultivate a lifelong appreciation for the water and aquatic opportunities.

Rescue & Safety-

These activities build awareness of how to help others in aquatic emergencies and how to prevent from becoming a victim.

Fee Structure

Private Lesson Package-

-1:1 Instructor to Student ratio

-Includes 6 Private sessions

Members: \$50 Nonmembers: \$100

Semi-Private-

-1:2-3 Instructor to Student ratio

**The YMCA does not pair students for classes. In order to be eligible for Semi-Private lessons, 2 or more students must sign up together and be around the same age or skill level.

-Includes 6 sessions

Members: \$40 Nonmembers: \$80

PRIVATE & SEMI-PRIVATE Lessons are a great way for all skill level swimmers to receive customized instruction. This includes new swimmers, skilled swimmers, and even special needs. Sign up today so we can match you up with a trained instructor and get you in the pool!!!